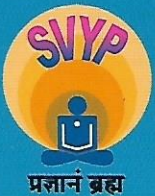


A Traditional touch to Yogāsanaś for beginners and Sādhakās



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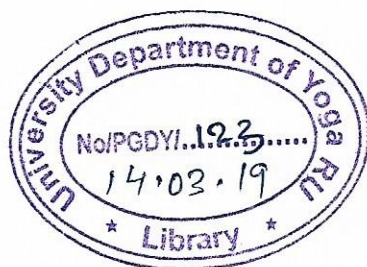
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Other books by the author – Dr. Sudheer Deshpande

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