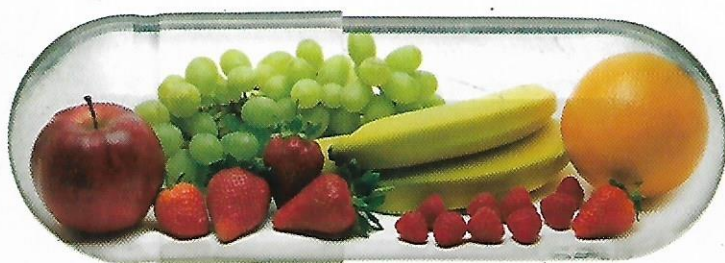


DIET CURE

FOR

COMMON AILMENTS



DR. H. K.

NATIONALLY ACCLAIMED NATUROPATH

BAKHURU

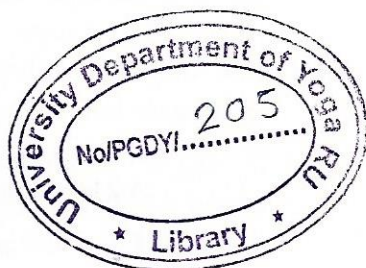
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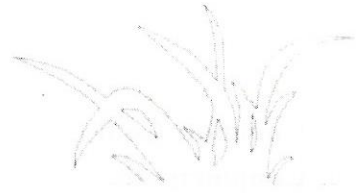
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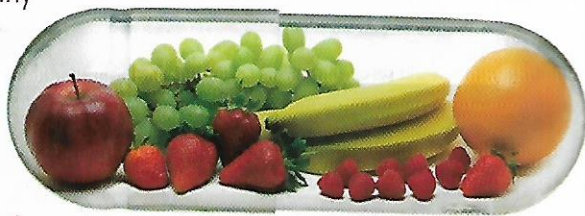
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DIET CURE FOR COMMON AILMENTS covers the whole gamut of ailments which can be cured by proper food habits and regulation of one's life, without recourse to medicinal treatment. The book is based on the theories and fundamentals of nature cure that go to preserve health and vitality and regain these when lost. It will undoubtedly be a boon not only to laymen but also to nature cure practitioners as a reference guide because of its practical utility.

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An expert naturopath and prolific writer, Dr. H. K. Bakhru's well-researched articles on nature cure, health, nutrition and herbs have appeared regularly in various newspapers and magazines and bear the stamp of authority.



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