

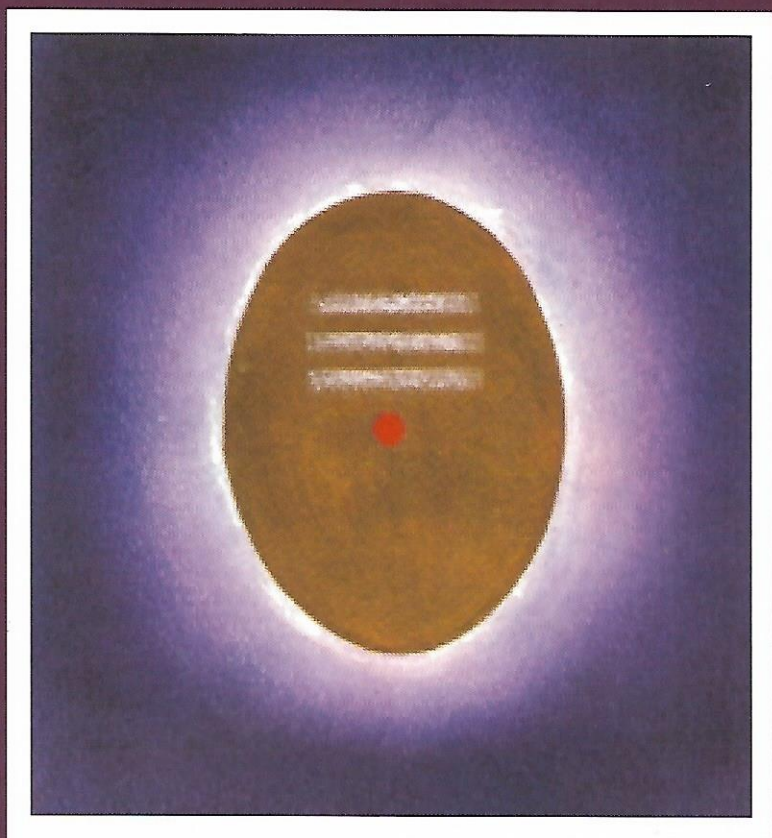
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# Four Chapters on Freedom

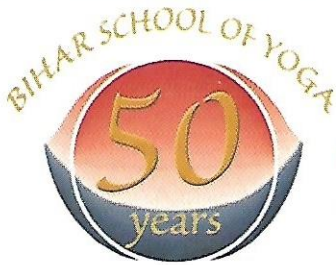
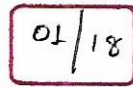
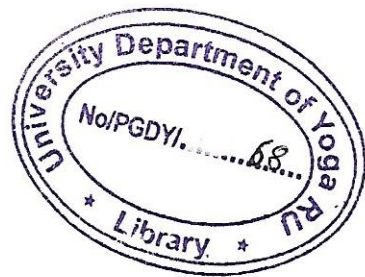
Commentary on the Yoga Sutras of Sage Patanjali

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Yoga Publications Trust, Munger, Bihar, India

# Four Chapters on Freedom



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# Contents

|                     |   |             |
|---------------------|---|-------------|
| <b>Introduction</b> |   | <b>1</b>    |
| <i>Sutra</i>        | <b>Chapter One: Samadhi Pada</b>            | <i>Page</i> |
| 1                   | Introduction to yoga                        | 29          |
| 2                   | What is yoga?                               | 31          |
| 3                   | The culmination of yoga                     | 40          |
| 4                   | What happens otherwise to purusha?          | 41          |
| 5                   | Vrittis – main classification               | 42          |
| 6                   | Five kinds of vrittis                       | 45          |
| 7                   | (i) Pramana – sources of right knowledge    | 47          |
| 8                   | (ii) Viparyaya – misconception              | 49          |
| 9                   | (iii) Vikalpa – unfounded belief            | 50          |
| 10                  | (iv) Nidra – state of sleep                 | 52          |
| 11                  | (v) Smriti – memory                         | 54          |
| 12                  | Necessity of abhyasa and vairagya           | 56          |
| 13                  | Abhyasa means constant practice             | 57          |
| 14                  | Foundation of abhyasa                       | 58          |
| 15                  | Lower form of vairagya                      | 60          |
| 16                  | Higher form of vairagya                     | 63          |
| 17                  | Definition of samprajnata samadhi           | 66          |
| 18                  | Definition of asamprajnata samadhi          | 69          |
| 19                  | Past merits needed for asamprajnata samadhi | 73          |

|    |  |     |
|----|--|-----|
| 20 | Otherwise, merits needed for asamprajnata<br>samadhi | 74  |
| 21 | Quicker is intensity of eagerness                    | 76  |
| 22 | Three degrees of eagerness                           | 76  |
| 23 | Or by devotion to Ishwara                            | 78  |
| 24 | Definition of Ishwara                                | 80  |
| 25 | Attribute of Ishwara                                 | 82  |
| 26 | Ishwara is the jagatguru                             | 82  |
| 27 | Pranava is verily Ishwara                            | 82  |
| 28 | Sadhana for Ishwara                                  | 83  |
| 29 | Result of this sadhana                               | 87  |
| 30 | Obstacles in the path of yoga                        | 88  |
| 31 | Other obstructions                                   | 90  |
| 32 | Removal of obstacles by one-pointedness              | 91  |
| 33 | (ii) Or by cultivating opposite virtues              | 93  |
| 34 | (iii) Or by controlling prana                        | 95  |
| 35 | (iv) Or by observing sense experience                | 99  |
| 36 | (v) Or by inner illumination                         | 101 |
| 37 | (vi) Or by detachment from matter                    | 102 |
| 38 | (vii) Or by knowledge of dream and sleep             | 103 |
| 39 | (viii) Or by meditation as desired                   | 104 |
| 40 | Fruits of meditation                                 | 105 |
| 41 | Oneness of chitta with object                        | 107 |
| 42 | Savitarka samadhi                                    | 110 |
| 43 | Nirvitarka samadhi                                   | 114 |
| 44 | Other forms of samadhi                               | 118 |
| 45 | Extent of samadhi                                    | 120 |
| 46 | Samadhi with seed                                    | 122 |
| 47 | Then spiritual light dawns                           | 124 |
| 48 | Cosmic experience                                    | 126 |
| 49 | Characteristics of this experience                   | 128 |
| 50 | Dynamic form of consciousness in samadhi             | 130 |
| 51 | Then one attains samadhi without seed                | 132 |

| <i>Sutra</i> | <b>Chapter Two: Sadhana Pada</b>   | <i>Page</i> |
|--------------|------------------------------------|-------------|
| 1            | Discipline for sadhana             | 137         |
| 2            | Why discipline?                    | 140         |
| 3            | Causes of pain                     | 141         |
| 4            | Avidya is the root cause           | 143         |
| 5            | (i) Avidya – ignorance             | 145         |
| 6            | (ii) Asmita – ‘I-feeling’          | 147         |
| 7            | (iii) Raga                         | 150         |
| 8            | (iv) Dwesha                        | 150         |
| 9            | (v) Abhinivesha – clinging to life | 152         |
| 10           | Kleshas can be reduced             | 154         |
| 11           | By meditation                      | 154         |
| 12           | Karmashaya and reincarnation       | 158         |
| 13           | Fruits of karmashaya               | 159         |
| 14           | Fruits depend on past merits       | 162         |
| 15           | Pleasure and pain are both painful | 163         |
| 16           | Future pain avoidable              | 165         |
| 17           | Cause of heya                      | 166         |
| 18           | Properties of nature               | 167         |
| 19           | Four stages of the gunas           | 169         |
| 20           | The seer defined                   | 171         |
| 21           | Prakriti is only for purusha       | 173         |
| 22           | Prakriti after liberation          | 174         |
| 23           | Why union?                         | 176         |
| 24           | Avidya is the cause                | 178         |
| 25           | Definition of hana                 | 179         |
| 26           | The means for hana                 | 180         |
| 27           | Stages of enlightenment            | 181         |
| 28           | Necessity of yoga practice         | 182         |
| 29           | Eight parts of yoga discipline     | 183         |
| 30           | The five yamas                     | 185         |
| 31           | The great disciplines              | 186         |
| 32           | The five niyamas                   | 186         |

|    |                                  |     |
|----|----------------------------------|-----|
| 33 | Way to remove disturbances       | 187 |
| 34 | Their degree and nature          | 188 |
| 35 | Fruits of (i) ahimsa             | 190 |
| 36 | Fruits of (ii) satya             | 192 |
| 37 | Fruits of (iii) asteya           | 194 |
| 38 | Fruits of (iv) brahmacharya      | 195 |
| 39 | Fruits of (v) aparigraha         | 197 |
| 40 | Fruits of (vi) shaucha           | 199 |
| 41 | Shaucha                          | 200 |
| 42 | Fruits of (vii) santosha         | 201 |
| 43 | Fruits of (viii) tapas           | 202 |
| 44 | Fruits of (ix) swadhyaya         | 204 |
| 45 | Fruits of (x) Ishwara pranidhana | 205 |
| 46 | Asana                            | 206 |
| 47 | How to master asana              | 207 |
| 48 | Result of this mastery           | 208 |
| 49 | Pranayama                        | 210 |
| 50 | Three kinds of pranayama         | 212 |
| 51 | Fourth kind of pranayama         | 214 |
| 52 | Removal of the veil              | 215 |
| 53 | Mind becomes fit for dharana     | 216 |
| 54 | Pratyahara                       | 217 |
| 55 | Mastery over the senses          | 218 |

| <i>Sutra</i> | <b>Chapter Three: Vibhooti Pada</b> | <i>Page</i> |
|--------------|-------------------------------------|-------------|
| 1            | What is dharana?                    | 223         |
| 2            | What is dhyana?                     | 226         |
| 3            | What is samadhi?                    | 227         |
| 4            | What is samyama?                    | 229         |
| 5            | Result of samyama                   | 230         |
| 6            | Its application                     | 231         |
| 7            | These three are internal            | 233         |

|    |                                  |     |
|----|----------------------------------|-----|
| 8  | Yet external to nirbeeja samadhi | 234 |
| 9  | Nirodha parinama                 | 236 |
| 10 | Fruits of nirodha parinama       | 239 |
| 11 | Samadhi parinama                 | 241 |
| 12 | Ekagrata parinama                | 242 |
| 13 | Application of these parinamas   | 243 |
| 14 | Dharmi – the common substratum   | 245 |
| 15 | Cause of difference              | 246 |
| 16 | Knowledge of past and future     | 247 |
| 17 | Knowledge of all speech          | 248 |
| 18 | Knowledge of previous births     | 250 |
| 19 | Knowledge of others' minds       | 251 |
| 20 | But not of the mental image      | 252 |
| 21 | Invisibility                     | 254 |
| 22 | Disappearance of the tanmatras   | 256 |
| 23 | Knowledge of time of death       | 257 |
| 24 | Powers of friendliness, etc.     | 258 |
| 25 | Attainment of strength           | 259 |
| 26 | Hidden knowledge                 | 260 |
| 27 | Knowledge of the solar system    | 262 |
| 28 | Knowledge of the stars           | 264 |
| 29 | Knowledge of their movements     | 264 |
| 30 | Knowledge of the body            | 265 |
| 31 | Cessation of hunger and thirst   | 265 |
| 32 | Power of steadiness              | 266 |
| 33 | Spiritual vision                 | 267 |
| 34 | Intuitive knowledge              | 268 |
| 35 | Awareness of chitta              | 269 |
| 36 | Knowledge of purusha             | 270 |
| 37 | Intuitive perception             | 272 |
| 38 | Psychic powers are obstacles     | 273 |
| 39 | Entering another's body          | 274 |
| 40 | Levitation                       | 276 |

|    |                               |     |
|----|-------------------------------|-----|
| 41 | Aura                          | 277 |
| 42 | Divine hearing                | 278 |
| 43 | Moving through space          | 280 |
| 44 | Universal state of mind       | 282 |
| 45 | Mastery of the bhutas         | 284 |
| 46 | Attainment of anima, etc.     | 286 |
| 47 | Perfection of the body        | 288 |
| 48 | Mastery of sense organs       | 289 |
| 49 | Conquest of prakriti          | 291 |
| 50 | Omnipotence and omniscience   | 292 |
| 51 | Vairagya and knowledge        | 293 |
| 52 | Causes of downfall            | 294 |
| 53 | Awareness of ultimate reality | 296 |
| 54 | Knowledge of distinctions     | 297 |
| 55 | Transcendental knowledge      | 298 |
| 56 | Attainment of kaivalya        | 299 |

| <i>Sutra</i> | <b>Chapter Four: Kaivalya Pada</b> | <i>Page</i> |
|--------------|------------------------------------|-------------|
| 1            | Sources of siddhis                 | 303         |
| 2            | Fundamental transformation         | 305         |
| 3            | Instrumental cause                 | 307         |
| 4            | Created mind                       | 309         |
| 5            | Natural mind directs               | 311         |
| 6            | And is free from impressions       | 312         |
| 7            | Influence of karma                 | 313         |
| 8            | Manifestation of vasanas           | 314         |
| 9            | Memory and impressions             | 316         |
| 10           | Source of vasanas                  | 317         |
| 11           | Disappearance of vasanas           | 319         |
| 12           | Past and future exist              | 321         |
| 13           | Factor of existence                | 323         |
| 14           | Essence of object                  | 324         |



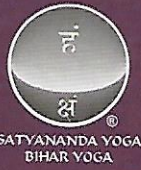
|    |                              |     |
|----|------------------------------|-----|
| 15 | Theory of perception         | 325 |
| 16 | Mind and object              | 326 |
| 17 | Reflection of object         | 328 |
| 18 | Purusha knows the mind       | 329 |
| 19 | Chitta not self-illuminative | 330 |
| 20 | Limitation of mind           | 331 |
| 21 | Confusion of memories        | 332 |
| 22 | Knowledge of its own nature  | 333 |
| 23 | Apprehension of mind         | 335 |
| 24 | It works for purusha         | 337 |
| 25 | Cessation of distinction     | 339 |
| 26 | Heading to kaivalya          | 341 |
| 27 | Pratyayas still arise        | 343 |
| 28 | Their removal                | 345 |
| 29 | Dharmamegha samadhi          | 346 |
| 30 | Freedom from kleshas         | 348 |
| 31 | Infinity of knowledge        | 351 |
| 32 | Gunās retire                 | 353 |
| 33 | Krama apprehensible          | 354 |
| 34 | Kaivalya                     | 356 |

## Appendices

|  |     |
|--|-----|
| A: Phonetic Pronunciation Guide            | 361 |
| B: Freedom in a Nutshell (Sanskrit)        | 362 |
| C: Freedom in a Nutshell (Transliteration) | 370 |

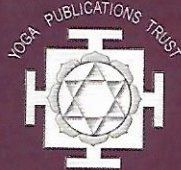
|          |     |
|----------|-----|
| Glossary | 378 |
|----------|-----|

|       |     |
|-------|-----|
| Index | 395 |
|-------|-----|



The *Yoga Sutras* of Sage Patanjali is an ancient classical text which succinctly presents the profound teachings of raja yoga in 196 concise *sutras* or threads. *Four Chapters on Freedom* is a commentary by Swami Satyananda Saraswati in which he unravels the meaning of the *Sutras*, verse by verse. Every word of each *sutra* is significant, and a deep understanding of Sanskrit, as well as the insight of an enlightened master, is needed to interpret them for the modern reader.

*Four Chapters on Freedom* is a light to guide serious yogic aspirants and spiritual seekers on the eternal path of raja yoga. It includes the Sanskrit text, transliteration and translation of the *sutras*.



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