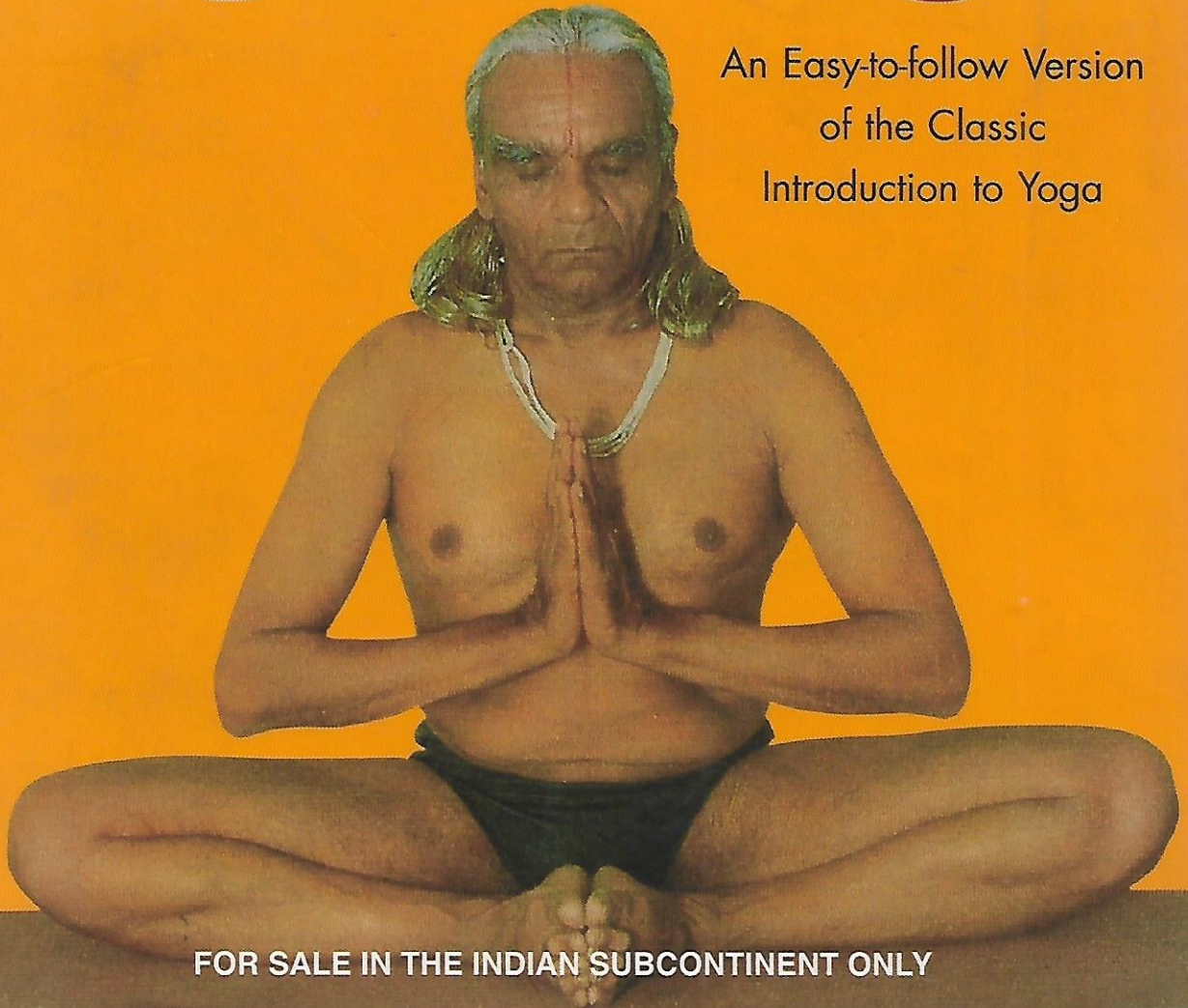


BKS IYENGAR

FOREWORD BY YEHUDI MENUHIN

The  
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Light on Yoga

An Easy-to-follow Version  
of the Classic  
Introduction to Yoga



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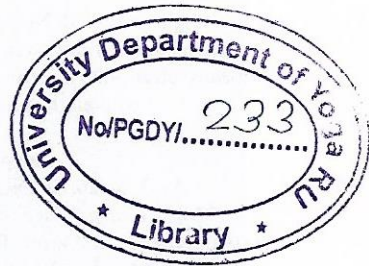
THE ILLUSTRATED

*Light on*  
**YOGA**

Yoga Dipika

**B. K. S. IYENGAR**

Foreword by Yehudi Menuhin



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