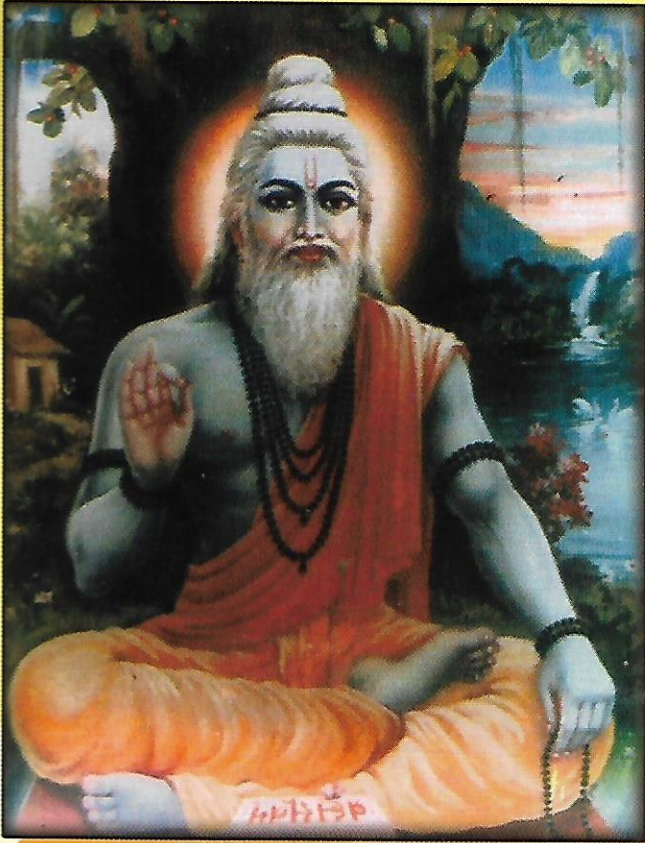
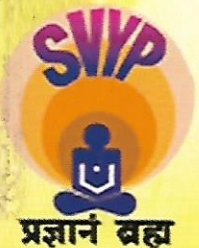


VYĀSA PUṢPĀÑJALI



Swami Vivekananda Yoga Prakashana
Bangalore, India



VYĀSA PUṢPĀÑJALI



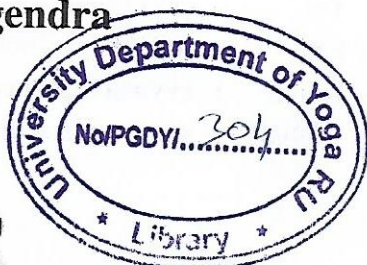
The Garland of
CHANTS
PRAYERS
SONGS



Compiled

by

Dr H R Nagendra



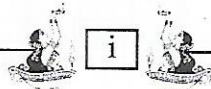
प्रज्ञानं ब्रह्म

Doanted by

VIVEKANANDA YOGA RESEARCH FOUNDATION
SWAMI VIVEKANANDA YOGA PRAKASHANA
Bangalore

CONTENTS

	Pg. No.
Preface	iii
1. Prayers	1
2. Bhagavadgītā compiled verses on 4 yogas	9
a) Jñāna Yoga Śloka Saṅgrahaḥ	9
b) Rāja Yoga Śloka Saṅgrahaḥ	17
c) Bhakti Yoga Śloka Saṅgrahaḥ	25
d) Karma Yoga Śloka Saṅgrahaḥ	33
3. Upaniṣadic chants	41
4. Songs of Spiritual growth	49
5. Songs of Selfless service	61
6. Patriotic Songs	65
7. Devotional Session	75
Guru	76
Ganeśa	77
Śiva	79
Devi	83
Rāma	87
Kṛṣṇa	91
Mīśra	96
Omkāraṣṭkam	97
Nirvāṇaṣaṭkam	98
8. Peace Chants	101
Appendix	108



The modern era of science and technology is an age of logic, intellect and left brain. This tremendous growth of intellect no doubt has brought us great dividends but has affected the balance between the 2 lobes of our brain.

The fourfold yoga brings our all round development at physical, mental, emotional and intellectual levels to lead us to the heights of spiritual growth featured by bliss, peace, knowledge, power and freedom.

This booklet is a garland of prayers, Gita sloka sangraha of 4 yogas, upanisadic chants, songs for spiritual growth, selfless service invoking patriotism devotional session and lastly the peace chants for peace and harmony of the whole world.