

COMPILATION OF RESEARCH

# YOGA AND CARDIOLOGY



**S-VYASA**

(SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA)

**A YOGA UNIVERSITY**



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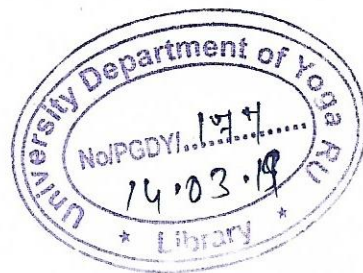
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| 10     | Telles, S., Nagarathna, R., and Nagendra, H. R. (1995). Autonomic changes during ‘OM’ meditation. <i>Indian Journal of Physiology and Pharmacology, 39(4): 418-420.</i>  | 93      |
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## VISION:

To combine the best of the East (Intellectual Wisdom)  
with best of the West (Scientific Research)

## MISSION:

To make Yoga a socially relevant science

