

COMPILATION OF RESEARCH

YOGA AND DIABETES MELLITUS



S-VYASA

(SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA)

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4.	McDermott, K. A., Rao, M. R., Nagarathna, R., Murphy, E. J., Burke, A., Nagendra, R. H., & Hecht, F. M. (2014). A yoga intervention for type 2 diabetes risk reduction: a pilot randomized controlled trial. <i>BMC complementary and alternative medicine</i> , 14(1), 212.	14
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6.	Tripathi, S., Nagarathna, R., and Nagendra H. R. (2012). Validation of an integrated ayurveda-yoga module for residential treatment of patients with type 2 diabetes mellitus - a compilation from traditional literature. <i>International Journal of Ayurvedic and Herbal Medicine</i> , 2(5):921:934.	35
7.	Nagarathna, R., Usharani, M. R., A. Raghavendra Rao, Chaku, R., Kulkarni, R., and Nagendra, H. R. (2012). Efficacy of yoga based life style modification program on medication score and lipid profile in type 2 diabetes-a randomized control study. <i>International Journal of</i>	48

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VISION:

To combine the best of the East (Intellectual Wisdom)
with best of the West (Scientific Research)

MISSION:

To make Yoga a socially relevant science

