

Yoga

FOR

Diabetes

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DIABETES MELLITUS

- MODERN MEDICAL

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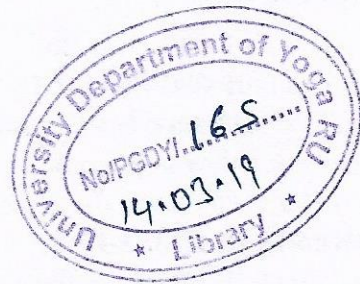
YOGA PERSPECTIVES

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Yoga for diabetes

This is one of the series of books on "Integrated approach of yoga therapy for modern ailments". Published by Swami Vivekananda Yoga Prakashana. Dr S S Srikanta is an endocrinologist of renown with contributions to understanding of the autoimmune processes in diabetes with a back record of intense research experience from Harvard Medical school. Systematic recording of the progress of patients who were taught the yoga technics since 1980 has validated the superiority of this modality over the conventional modes of management. In this book 'Yoga for diabetes' the authors have addressed many questions such as

How does stress affect diabetes control ?

What is yogic diet for diabetes ?

What is sweet meditation ? etc.

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